



**Adaptive  
Sports  
Foundation**

# NEWS LETTER

NOVEMBER 2015



## YOUR GENEROSITY PROVIDES SMILES AND MEMORIES THAT LAST A LIFETIME.

It goes without saying that our Summer Program "initiation to adaptive water sports" was a huge success! We would like to give special thanks to the city of St-Jean-Sur-Richelieu and Camping Domaine des Érables for their support this summer.

Having two strategic locations allowed us to welcome 250 participants, surpassing our foremost projections. Additional dates were added to meet the high demand for the program. This success was largely due to our dynamic volunteers, and to the popularity of our program on social networks.



*"My best summer ever! What is better than being in the water with a team of smiling volunteers and participants? For a moment, we forget our disability and we really feel like flying on water." - Yan Martin*

## INJURED SOLDIERS SPORTS CLINIC

The goal of our "Injured Soldiers Sports Clinic" is to encourage and support veterans in adopting and maintaining a healthy, active lifestyle through sport. Our activities promote companionship and fun, which helps soldiers with physical injuries, post-traumatic stress disorder, or those in mourning, to regain their self-confidence.



From August 7 to 9, Steve Charbonneau and part of our volunteer team gave 50 members of the UN-NATO organization and the Association of Military Motorcyclists of Canada (AMMC) the opportunity to experience adaptive water sports. This unforgettable event took place at the Outfitter Club Brunet, Lac Baskatong at Grand-Remous. It is with great anticipation that we will return next summer.

# TEAM CANADA 2015



*"It was a privilege and an honour for me to join a great group of ambassadors from the music industry, CFL and NHL to go support our troops."*

– Steve Charbonneau

This past October, the Canadian Armed Forces asked Steve Charbonneau to join TEAM CANADA 2015 in visiting and supporting our Canadian soldiers deployed overseas. The mission was to brighten the spirits of over 750 men and women

in Kuwait, Ireland and Germany over Thanksgiving weekend. The feedback received from the troops was overwhelmingly positive. Taking part in this trip was an inspiring and humbling experience.

## ULTRA BROMONT: *We Are Growing Because Of You!*

Our participation in the second edition of the Ultra Bromont was an outstanding accomplishment. We would like to sincerely thank Mr. Gilles Poulin, promoter of the Ultra Bromont for the opportunity to take part in this unique experience. With our ASF team efforts, and the enthusiasm of four participants,

we were able to tackle the 80 km course as a relay. Our very first prototype of the dahu, generously designed by engineers of the Brome Lake region, enables people with disabilities to access the trails. The dahu prototype has proven itself! Looking forward to the 3<sup>rd</sup> edition of the Ultra Bromont 2016!

*"The Ultra Bromont was a very rewarding experience for me. In addition to meeting new people, this activity allowed me to find a sense of team spirit and morale. The most important thing is how I felt included in the group, and I did not feel like an outsider or different. Bravo!!" – Amani Lusignan*



# GOLF AND PHILANTHROPY, A WINNING SOLUTION

*"My involvement has given me great pleasure. It is wonderful to see the smiles at the end of the day knowing that you helped to give each person a special day. The best way to multiply your happiness is to share it with others. This is the reason for my family's association with the Adaptive Sports Foundation."*

- Barbara Cartmel



THE HOC2  
GLIDE BI-SKI



The ASF's 1st Annual Golf tournament was held on September 26 at the Hermitage Club in Magog. The success of this event was made possible because of our volunteer Barbara Cartmel. The profits enabled us collect enough funds to purchase a new piece of sit ski equipment, which will be used during our

upcoming winter program. This piece of equipment is being purchased in memory of Mrs. Cartmel's late husband Mr. Bliss Cartmel. We hope that we can count on the continued support from our donors and volunteers for our 2nd edition.

## VOLUNTEERS PARTY: TOGETHER, We Improve The Quality of Life Through Sport



**"ALONE WE CAN  
DO SO LITTLE;  
TOGETHER  
WE CAN DO  
SO MUCH!"**

Our first "Volunteer Party" was held at the MacIntosh Pub Bromont, on October 23. It was a fantastic evening on all levels! The evening was organized as a way to say thank you to all

of ASF's volunteers. Without their dedication, openness and motivation, we could not continue to pursue our mission time and again.

# GEARING UP FOR ANOTHER GREAT SEASON!

The planning of the 2016 alpine ski season has been in full swing for several weeks; it is important for us to continually make improvements so that skiers get the most out of their experience.

This winter will be our 22<sup>nd</sup> season at Owl's Head and we thank Lilian and Fred Korman for believing in our Foundation since 1995. We are also very pleased to announce the return of our Winter Program Director, Ms. Elizabeth Coté.



**WEBSITE: [www.adaptivesports.ca](http://www.adaptivesports.ca)**

*Modern Look, Updated and Attractive Website!*

October saw the launch of our newly updated website. This is a fast and effective way to keep you, the supporter, informed on what your donations allow us to do to improve the quality of life of our participants through sport. A huge thank you goes out to

our volunteer Emmanuel Henri from Manny Designs Company. His outstanding work during the process of creating this new website was extremely generous and will be a fantastic tool for keeping all those involved with ASF up to date and informed.



*"I got involved in the cause, then I got emotionally attached to the people and their courage. I'm inspired by their stories every day. - This is why I volunteer my time and money (website) to the foundation." - Emmanuel Henri*

## WELCOME TO OUR TEAM JOHN G. MURPHY



We would like to use our latest publication to welcome Mr. John G. Murphy to our Board of Directors. Mr. Murphy is a member of Borden Ladner Gervais's National Council, which is the firm's governing body, as well as Montréal Regional Managing Partner and a member of the National Management Committee.

With many years of experience, he is a trusted advisor in his professional sector of construction law. As such, the directors and officers of the ASF will benefit from his skill to gain valuable strategic advice from him. Thank you!